

Does My Baby Have a Tongue Tie?

Tongue-tie can affect a baby's ability to breastfeed effectively.

HERE'S HOW TO TELL

Baby's Signs



Low/ Excess Weight Gain

A common sign may be your baby isn't gaining adequate weight or on the lower end of normal rate or gaining far above average weight.



Unsatisfied Baby

Your baby may remain unsatisfied and may never want to come off your breasts and wants to be fed very frequently day and night.



Colic and/ or Gassy

Your baby may be severely colic, usually experienced as sudden and unexplained high pitched outbursts of inconsolable crying. He or she may need to be carried almost all the time in an upright position, which is the most comforting.



Reflux

Reflux is seen as spit-ups or as vomiting fresh or curdled milk which often is a condition where stomach acids come right up to the esophagus in the throat area causing burning and pain to the baby.



Mother's Signs

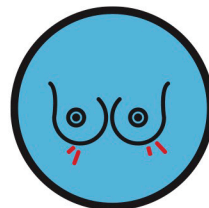
Painful Feeding

You may be experiencing repeated cracked & bleeding nipples that makes it almost impossible to think about the next feed. The pain may be associated with the baby making a „clicking“ type of noise while feeding.



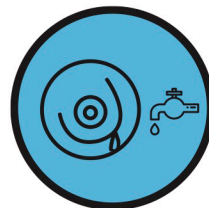
Misshapen Nipples

After breastfeeding you may notice a misshapen nipple like a lipstick or a compression mark coupled with pain or discomfort.



Breast Pain

You may be experiencing engorgement, blocked ducts, repeated mastitis or a breast abscess.



Low Milk Supply

You may be noticing a decrease in milk supply over time due to inadequate milk transfer by your baby's ineffective suckling. This may be requiring you to either start pumping milk or supplementing baby with formula.

This fact sheet information is only indicative for parents to seek help from an International Board Certified Lactation Consultant (IBCLC) who is knowledgeable in assessment & treatment of Tongue Ties.